

employee assistance provider

24/7 NATIONAL ASSISTANCE HELPLINE

1800 554 654

Linking you & your family to holistic wellbeing solutions through the workplace

SERVICES WE OFFER

- 24/7 National Assistance Helpline
- Access to professionally trained and registered counsellors and psychologists
- Phone, video link and face to face counselling
- Crisis intervention
- · Critical incident support
- Tailored mental health and wellbeing workshops
- · Consultancy services for management
- Counselling in a range of areas including; depression and anxiety, substance abuse, relationships, grief, anger management, workplace bullying, stress and pressure at work and problem gambling.