



Tips for being an Active Bystander

1



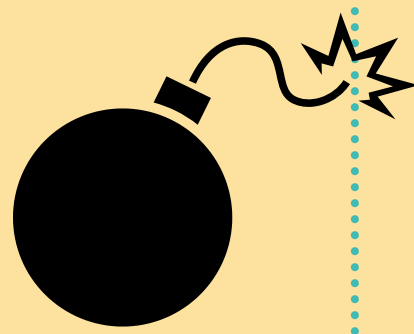
Direct: Speak up in the moment

2



Delay: Speak to others after the incident/ support to victim/ talk to perpetrator

3



Distract: Change subject, move away, create a distraction

4



Delegate: Call the police, make a report, talk to a manager

5



Document: Make notes, screenshot messages